Plattform-Update:

# Upcoming Live Classes in January

TwentyOne Skills Dear reader,

discover this month's upcoming courses that are included in your account. Towards the end of the year, we offer six very diverse classes. We hope you'll join us for some of them.



Best regards, Robert (Head of Learning, TwentyOne Skills)

# Live classes: Schedule for January





# **Conflict Communication**

Good conflict resolution needs appropriate communication. We'll look at de-escalating language, at basic conflict communication skills and your specific questions about conflict communication.





### **Giving Great Scientific Presentations**

How to start? How to keep my audience attentive or even awake? How can I deal with stress or what's the difference in prepping for a real live event or an online zoom session?





### **Becoming a Confident Woman in STEM**

In this live session we will discuss what you can do as a woman in science to build resilience and develop your leadership skills.





### Habits and the Unbreakable Chain

We'll cover different tips and tricks to help you stick to (micro)habits you have been wanting to integrate into your routine, or to help you break habits that are unhealthy. 25.01



26.01



## **Presenting at Scientific Conferences: Tips and Tricks**

You will learn the dos and don'ts of good slides, use of body language and tone, handle Q&A sessions, and more. Skills that all scientists should have right from the start!

### Back to science after parental leave

As a researcher parent, you have the best possibility to gain cutting edge skills: time-management, prioritization, collaboration and many more. In this live seminar, we can learn the best practices on how to combine family and research.

**Upcoming E-Learnings: Several Nuggets focused on career topics** such as resume writing and Linked-In profiles.



